

Internship Reflection Paper

Your reflection paper should be a well-crafted and thoughtfully written critical analysis of your internship experience.

- Required length: **750-800 words**

Student Name:	Semester and Year of internship:
Faculty Sponsor:	
Internship Site:	Internship Supervisor:

Your opinions will be considered when recommending sites to future students. Your faculty sponsor will assign you a pass/fail grade for the internship based on your supervisor's evaluation of you along with your reflection paper.

Assess the overall quality of the internship. How valuable did you think it was and why?

Please rate using this scale and elaborate in your reflection paper.

1. Very Valuable
2. Somewhat Valuable
3. Neutral
4. Not very valuable
5. Not valuable at all

The reflection paper should address, but does not need to be limited to, the following:

- A description of your activities at the internship
- The relationship between your internship work and your studio work
- What you learned through your internship and how it was of value to your academic and career goals
- A description of the most important assignment(s) and why they were significant
- What, if anything, surprised you about the internship
- Whether the internship has changed your perception of what you want to do
- The opportunities provided to you to network, collaborate and learn new skills during this internship
- A description of the top three skills you developed during your internship and how these knowledge/skills related to your major and overall goals
- The ways the internship did or did not meet your expectations
- Whether you feel the knowledge/skills you have gained were only attainable outside the classroom
- Suggestions for ways in which you feel the internship could be improved
- Why or why not you would you recommend this internship to another student

Career Center